



Brief overview:

The Youth Outreach Questionnaire (YOQ) has become the standard in measuring therapeutic change during the treatment process. The self-report measures therapeutic progress in six different areas:

- Intrapersonal Distress
- Somatic
- Interpersonal Relationships
- Social Problems
- Behavioral Dysfunction
- Critical Items

High scores indicate greater levels of dysfunction. A score of less than 47 is considered “normal.”

- Average Second Nature student scores upon intake = 68.87
- Average Second Nature student scores upon discharge = 40.63
- Average Second Nature student scores 6 months after discharge = 41.03
- Average Second Nature student scores 12 months after discharge = 39.76

